

ALPES Meeting Minutes

Monday, March 11, 2013

In attendance:

1. **The meeting was called to order by Aracelys at 6:25 p.m.**
2. **The City of Raleigh Police Department did not come to speak about Gang Prevention Initiatives. They have rescheduled for ALPES April meeting.**
3. **Niosoty Baptista, Psychologist of the Latino Health Team and Maria Espeche, LPC Therapist of the Latino Mental Health Team** presented to ALPES about accessing mental health services in Wake County.

They are part of a mental health organization that works within four counties, including Durham, Wake, Chatham and Orange counties. Passed out and discussed their NAMI Newsletter.

Originally, the organization was called LME (Local Management Entities), but now under their new restructuring, they are called Alliance Behavioral Health.

They offer services for adults, substance abuse, death services, jail services, along with geriatrics. They provide all the adult services for Latinos as well. They provide services for children, with a forensic team, also for Latinos.

They are a provider that accepts Medicaid and Blue Cross Blue Shield of NC, but not IPRS funds, if the person doesn't have insurance.

If anyone needs to speak with mental health staff or make an appointment, they need to call the Access Center at 919-250-3133 or toll free 1-866-518-6784

Announcements

There has been an update of the ALPES website. All meeting agendas and shared news will be put on website, which can be found at www.alpesnc.org. The website will also feature business organizations who are part of ALPES and work with the local Latino population. We would like for those business and organizations to send their Business's name, along with a brief synopsis of what their organization does, along with their business's logo and contact information, including address, email and website to alpesnc@gmail.com and we will upload that information to the resources section of the ALPES website.

There will be a Fiesta de Slud en El Centro located on Rock Quarry Rd. on Saturday, April 6th from 9am-2pm. They will be providing information on mental health, Medicaid, along with HIV/STDs.

The Raleigh Tamale festival will be held on Saturday, March 16th from 1-4pm at International Foods and is sponsored by the City of Raleigh.

On Saturday, March 23rd there will be a Health Fair at the Living World, close to Wake Forest off of Capital Blvd. They will provide dental, medical and eye exams as well as testing for HIV/STDs/TB/HepC.

There will be Rabies shots for house pets (dogs and cats) on Saturday, April 6th from 9am – noon at the Wake County Animal Shelter.

Club Choice will begin having a series of classes once again with topics covering nutrition and losing weight.

Some members of ALPES will attend Shienly Square Mobile Home Community on Monday, March 11th from 12:30 to 1:30pm to complete surveys.

Reminder: Announcements should be limited to several minutes per person. If longer discussion is needed, please let **Aracelys know so that she can add it to the agenda.**

The next meeting will be held on Monday, April 8, 2013 from 6-8 pm.

Thank You!