



# ALPES Shared News

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## Angeline Echeverria shared this information

El Pueblo has begun offering Teen PEP, a Youth Leadership and Reproductive Health leadership development curriculum for Latino youth that live in Wake County. The purpose of this program is to equip teens with the knowledge, skills, and motivation to avoid STIs, HIV and unintended pregnancy. Peer educators are given the information, communication skills, and confidence to be effective sexual health advocates and leaders among their peers. These peer educators (promotores juveniles) are trained to conduct workshops for younger teens on various reproductive health topics.

Tania and I are very excited to formally announce a youth reproductive health workshop series facilitated by El Pueblo's Teen PEP youth leaders (promotores juveniles). This first workshop focuses on postponing sexual involvement and negotiation and refusal skills. It will be take place at Millbrook United Methodist Church from 6-8PM on Wednesday March 27th. We would like to request your assistance in registering at least 3 youth age 11-15 for this workshop. Our target audience is Latin@ youth, but we are opening up this workshop to all Wake County youth aged 11-15. This is a fun way for youth to learn from each other about adolescent sexual health issues in a structured small-group format. For each participant, we require a simple registration form which can be filled out online (to register click here) and a signed consent form (attached). Participants can bring the signed consent form to the workshop with them. Those who participate in all three workshops (March 27, April 26, and June 19) will receive a \$25 gift card.

## Eva Pinales shared this information

The Hispanic Center "Macedonia" in alliance with the Lions Club of North Carolina, will hold its second annual health fair; which is designed to promote a healthy life, and informing our community about the diverse amounts of resources, that as residents of Wake County are accessible to the community, but are not taken advantage of due to the lack of knowledge of their existence.

Last year we have an attendance of over 200 people, and this year we expect more to come in for services. For this reason we are formally inviting your agency to join us in this effort to improve the quality of life of the residents of our community, and to involve individuals to take part in their own health. Among the services that will be performed there will be glucose and cholesterol tests, free nurses, dental exams, and visual exams. There will also be plenty of information regarding nutrition, cardiac diseases, cancer prevention, mental health, assistance with jobs, and applications for health and disability insurance. Admittance to the health fair is free for the general public.

Our goal is to amplify the participation of organizations that believe in this vision, and of course, we believe your institution is one that can't be absent, due to the efforts that are executed by your institution in order to educate the community about personal health. The health fair is set for Saturday, April 06, from 9:00 AM to 3:00 PM.

We hope to able to count with you. I would greatly appreciate if you contacted me as soon as possible through my electronic mail address or through the phone number (919)-235-8397 in order to confirm your participation. Thanks in advance!!! Eva Pinales, MEd (919) 235-8397 [pinales@ymail.com](mailto:pinales@ymail.com)